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## **FOCUS 27 SURGICAL SUPPORT**

*by SueEllen Hunter*

*SueEllen Hunter is a former middle and high school teacher who taught sciences, mathematics and Latin. She also holds the prestigious horsemaster certificate from the Potomac Horse Center and has trained horses and riders in the classical art of dressage. For the last sixteen years she has been a scientific illustrator. She has studied shamanism in the basic Michael Harner shamanic workshop and practices shamanic journeying. She enjoys mentoring children and young adults. SueEllen and her husband of twenty-seven years have retired recently and now work with their pets and livestock on their farm in Florida. SueEllen has taken the "heart-route" in her choice of TMI programs: GATEWAY VOYAGE<sup>®</sup>, GUIDELINES<sup>®</sup>, HEARTLINE, MC2, EXPLORATION ESSENCE, and GRADUATE EXPLORATION ESSENCE.*

Over the last three weeks, my dear friend of thirty-two years had knee replacement surgery on both knees. I have been telling Linda about my adventures at TMI programs, as well as those with Hemi Sync<sup>®</sup> music, since 1997. She even purchased MIND FOOD<sup>®</sup> *Transcendence*.

With Linda's permission, I started taking her to Focus 27 during my meditations the day before the first surgery and also sent her Reiki. The night before her surgery, I asked for talented surgical personnel in the non-physical realm to assist the physical surgical personnel in the operating room. The meditation was so intense that I could actually see all of them in the operating room. In addition, the entire group was surrounded by Native American shamans in my vision.

After the right knee surgery, I took her up to Focus 27 while she was still in the recovery room. (I'm in Florida and she is in Maryland.) I took her to the Healing Center and the healers there put a cast of light on her right leg. She told me that her surgeons were very happy because the procedure went so well and there was minimal blood loss. They had recirculated her own blood. She was able to stand and walk five steps using a walker on the morning after the surgery.

Linda's physical therapist exclaimed all week at how wonderfully she was progressing. Then last week on Tuesday afternoon the left knee was done. Once again I took her to Focus 27 during recovery and casts of light were put on both legs.

Yesterday after her physical therapy (during which she climbed two flights of stairs!), she went back to her room, iced her very painful knees, and went into a deep meditation. At the same time, my husband had come in from mowing and I had stopped working to take a break with a Sudoku puzzle and have a cup of tea. It was about 11:30 AM and I had been working on the

puzzle for about ten minutes when I suddenly had a strong urge to call Linda. I jumped up and went to the phone. My startled husband asked what I was doing, then merely nodded when I explained my sudden need to contact Linda. She answered her cell after the fifth ring just as I was about to hang up. She seemed startled when I identified myself and asked how she was doing. "You tell me," she said cryptically. I said that her left knee seemed to be the painful one. She agreed, saying that the right knee was healing nicely but there was a lot of pain in the left.

Linda went on to say that she had been meditating and found herself in a group of people wearing brightly colored clothing. She remarked that "It was like a chat room." Then she found herself in a room of light and peace where there was no pain and in fact, no physical body at all. "It was so wonderful," she commented. She then said, "At that point, I wondered if you could feel this, too. Then the phone rang and it was you."

From her description, it sounded as if she had found the ability to get to Focus 27 on her own after I had taken her there three times and after she also started practicing with the Hemi-Sync METAMUSIC® CDs. Since her surgeries, Linda has consistently listened to the CDs more than once per day. She said that yesterday she actually went into the alpha state while in physical therapy. The therapist noticed and came over to check on her because she thought Linda looked "glassy-eyed." At this point, my friend has decided that maybe I'm not around the bend after all!

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